



Burton Bradstock and Shipton Hill

A fairly gentle walk along a beach and then inland - with wooded tracks, meadowland and far reaching views over Lyme Bay

Essential Facts

- | | |
|---------------------------|----------------------|
| ▪ Route distance: | 16.0 km (10.0 miles) |
| ▪ Approximate time: | 4 hours 30 mins |
| ▪ Optional shorter route: | 12.0 km (7.5 miles) |
| ▪ Approx. total ascent: | 250 metres |
| ▪ Start point Grid Ref: | SY 491 888 |
| ▪ GPS Ref: | SY 49192 88807 |
| ▪ Recommended O.S. Map: | Explorer OL15 |
| ▪ Toughness Rating | Dorset 1 |

Please see the notes on Toughness Ratings at the end of this report

**Up For A
CHALLENGE ?**

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Full Info from the Great Walks web site

THE ROUTE

The walk sets out from Burton Bradstock, just east of Bridport.

From Burton Bradstock Beach car park, **S**, walk to the beach and turn left along the Coast Path. Walk across Cogden Beach and continue on the Coast Path. When it turns right veer left towards Swyre. Keep bushes on your left, go through a gap to a stile and walk ahead to a gate. Turn right and left to climb with a hedge on the left. Go through a gate on the right and climb through a field to reach the B3157 at Swyre, **A**.

Cross over and follow the road opposite. Pass houses then turn left signed Berwick Farm. Follow a path to a stone stile on the right. Walk forward along a long field to a stile at the far end. Continue across a field, cross a track and then veer right to a double stile. Go diagonally right to a gate at Berwick Farm and follow a track to a road at **B**.

Turn left and immediately right to follow a track, walk through fish ponds and climb the field beyond to a gate. Follow an enclosed track to a gate. Turn left onto a grassy track to barns and a cottage at Lower Sturthill. Follow another enclosed track to a gate, **C**.

For the short walk turn left and follow an enclosed track to a gate. Turn left along a field edge. Go through a gate and follow a sunken path to a gate. Now keep a hedge on your left through three fields to reach a hunting gate. Turn right onto a track, go straight on at a crossroads and in about 700 metres reach a track on the left where the full walk rejoins at **F**.

For the full walk go straight ahead to a gate and walk through the middle of a field. Cross a track and follow a path to reach a field. Bear left to a gate at the top right hand corner, then follow the field edge to St Lukes Farm. Turn left along a lane to a gate straight ahead. Keep the hedge on your right to go through another gate and follow the clear track to the top of Shipton Hill at **D**.

Descend the hill and turn right to a gate. Keep the hedge on your right to reach a stile, go through trees and over another stile. Veer left to a stile in the hedge in front of you and go diagonally left to an enclosed path leading to a road. Turn left and first right to reach Shipton Gorge. Turn left just after the telephone box and climb to the side of the church, **E**.

At the end of the wall keep ahead across a field to a gap in the far hedge. Continue across two fields, then turn right to a stile onto a lane. Turn left and continue along the drive to Bucklers Bid. Fork left and follow a hedge on the right. Go through a gate and cross a field to a gate. Keep a fence on the right to a gate leading to an enclosed track to the road at **F**.

Turn right and just before the sign for Burton Bradstock turn left and immediately right to follow an enclosed path to Grove Mill. Carry on and turn left into Darby Lane. At the end turn left to pass the church. At a gate go right signed Hive Beach. Cross a track and go ahead across a field to the B3157. Turn left and shortly right to walk down Beach Road to the car park, **S**.



Above Lyme Bay

Refreshment

Hive Beach Cafe Cafe Beach Road, Burton Bradstock Tel: 01308 897070 Breakfast Baps Snacks and meals Ice creams	The Bull Inn Public House Swyre Tel: 01308 897250 Meals and bar snacks Real ales
Three Horseshoes Inn Public House Mill Lane, Burton Bradstock Tel: 01308 897259 Meals and bar snacks Real ales Garden	Modbury Farm Shop Tea shop (seasonal) Modbury Farm, Burton Bradstock Tel: 01308 897193 Teas and snacks Ice cream parlour



The Bull Inn

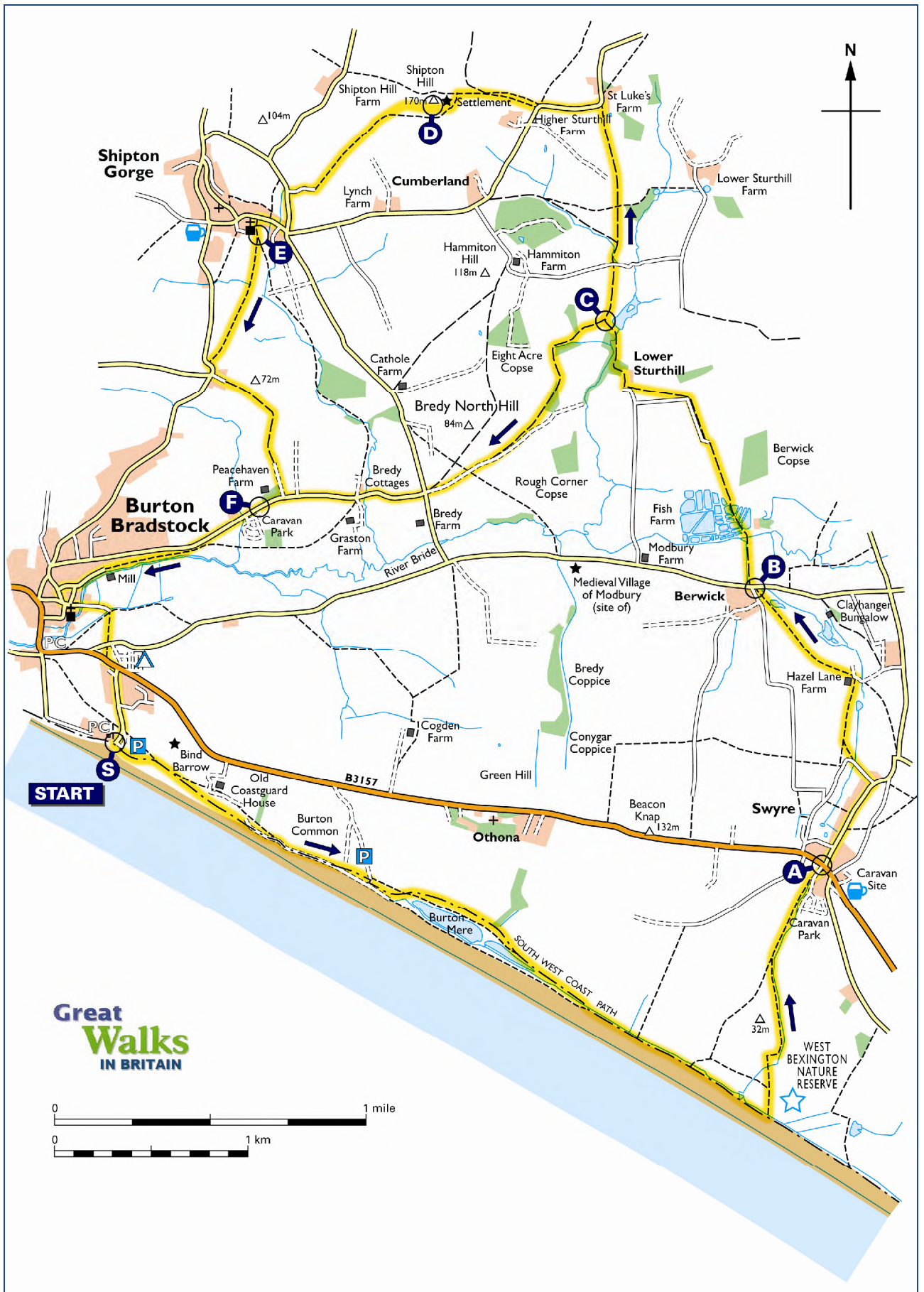
LOCAL INFO

Burton Bradstock is a charming Dorset village with the River Bride flowing along one side of the main street. Many of the cottages were built of local stone in the 17th and 18th centuries. It has a shop, post office and several pubs. The village was transformed in the late 18th century by local resident Richard Roberts who built up a worldwide trade in flax and hemp. Grove Mill was the first flax-swingling mill in the West of England when it opened in 1803, using machinery to separate flax fibres. He also built a spinning mill south of the church in 1794.

Shipton Gorge is a truly rural village set amongst banked lanes and still having seven working farms. It is named after the de Gorge family who came to England from Normandy at the time of the Norman Conquest and were given the manor some time before 1285. The village and surrounding landscape are dominated by Shipton Hill with its distinctive upturned boat shape. From the summit, which was once an iron age hill fort, there are views southwards to the sea and northwards from Eggardon Hill to Lamberts Castle. The church was re-built in 1862 by John Hicks for whom Thomas Hardy was an apprentice.

BURTON BRADSTOCK & SHIPTON HILL G.P.S. WAYPOINTS

WAYPOINT NAME	MAP REF	CO-ORDINATES	ELEVATION: Metres
BBR S	S	SY 49192 88807	18
BBR A	A	SY 52759 88184	87
BBR B	B	SY 52375 89727	33
BBR C	C	SY 51847 90988	47
BBR D	D	SY 50712 92147	170
BBR E	E	SY 49769 91449	74
BBR F	F	SY 49962 90090	43



MAP LEGEND					
	Great Walks route		Church with tower		Spot height - metres
	M6 Motorway		Church with spire		Information centre
	A23 Main road		Other place of worship		Parking
	B2116 Secondary road		Cathedral / Abbey		Public convenience
	Minor road		Building		Public house
	Other road		Built up area		Picnic site
	Track		Woodland		Camp site
	Footpath		Sand, shingle or mud		Major tourist feature
	Bridleway		Water feature		Other tourist feature
	National trail				
	Railway				

Safety First

Safety should always be your first priority in planning and undertaking a walk, whether on your own or leading a group. Please read these Safety First and Walking Our Routes notes.

Lead a group of other walkers only if you have leadership and navigational experience adequate for the 'worst case' conditions which may be encountered on the particular walk, bearing in mind the terrain, possible weather and navigational demands.

Weigh up the capabilities of your party, in terms of fitness and walking speed. Adjust your time expectations accordingly.

Ensure all your party are adequately clothed for the weather and conditions. Footwear is particularly important. Clothing must protect against cold, wet or strong sun according to the time of year.

Emergencies are quite rare, but it is essential to think ahead about what to do if someone in your party sustains an injury. Will you have a First Aid kit? Is there a qualified First Aider in the party? How could help be summoned in a serious eventuality?

Refreshment, particularly water, can be vital. Dehydration in hot summer conditions can be rapid, and frequent intake of fluids is essential.

On tougher walks it is a good idea to tell someone where you are planning to go – and when you expect to be back. Remember - mobile phones often lose reception in mountainous or isolated areas.

All our walks use legitimate routes: Public Rights of Way, Public Footpaths, Bridleways, Permissive Paths, Access Land, Byways and Roads.

Road walking calls for particular care. When there is no defined footpath or verge wide enough for safe walking it is usually best to walk on the right – facing oncoming traffic. An exception may be a tight bend, where walkers would be more visible on the left.

Occasionally you may find a public footpath blocked or unuseable. It is perfectly in order to take the shortest available diversion without damaging crops, perhaps around a field margin.

It is courteous to close gates after passing through, sometimes even if the gate was open when you arrived – particularly if it is obvious livestock may escape.

Mutual respect for farm animals is to be encouraged! Don't frighten or annoy them, but equally don't put your party members in danger or discomfort. You certainly wouldn't be the first walkers to go round the outside of a field of frisky bullocks.

Dogs should always be kept on a lead anywhere near farm animals, and under close supervision elsewhere in the countryside.

Walking Our Routes

Our walks are designed to be negotiated using the route directions in conjunction with the map section provided. We suggest walkers also take the Ordnance Survey Explorer or Outdoor Leisure map recommended for each walk.

On mountain, moorland and open heathland walks it is **ESSENTIAL** to have navigational expertise and tools, including the recommended Ordnance Survey map(s).

Take care to observe any cautions in the route description; exposed paths, areas liable to flooding etc.

Consider conditions before setting off. Will heavy rain have made a water meadow impassable? Will frost or snow make a path slippery?

When navigating the route look for clues to confirm you are in the right place. Are map features where you would expect on the ground? Are features mentioned in the text where expected? If you suspect you may have taken a wrong turn, take action sooner rather than later. It is better to re-trace to a known point rather than carry on regardless with the possibility of becoming increasingly confused.

All our routes are carefully checked before publication, but features can change on the ground – sometimes surprisingly quickly. Footpaths may be re-routed, buildings can appear or change significantly and these days pub names seem to change frequently.

The approximate time given for each walk is based on an average walking speed of 2.5 miles per hour (4 km/hour), plus an allowance for ascent, descent and any difficult terrain.

Total ascent is the approximate total ascent over the whole walk.

GPS users can enter in the waypoints provided in each of our walk reports. It is important to read our guide **Introducing GPS for Walkers**, available as a PDF file from the Great Walks in Britain web site.

Remember that GPS is a great navigational tool, but only one of those available to the navigator. Never dispense with conventional map and compass – and the training and skills to use them, especially on mountain, moorland or open heathland walks.

TOUGHNESS RATINGS

All our **Dorset** routes can be undertaken by reasonably fit walkers able to utilise our map segments, together with the route guidance notes. Always consider recent and forecast weather.

Each walk has been allocated a **Toughness Rating**:

1. Easier walks with modest ascent and generally on well defined paths. There may be stiles or narrow gateways to negotiate.
2. Routes which are more demanding. They may include more ascent and possibly paths which are looser or more difficult underfoot.
3. More strenuous walks with some steep sections, higher paths or places which may be wet and boggy.
4. The most demanding walks in this edition. There may be prolonged steep ascents. Conditions may be challenging underfoot.

Toughness Ratings are allocated in the context of the terrain in the edition area. For example a walk rated as demanding in Dorset may be equivalent to a moderate route in Devon & Dartmoor..