



The River Wye and Tideswell Village

Easier walking around Monsal Dale and the well-dressing village of Tideswell. Part of the route takes the banks of the peaceful River Wye

Essential Facts

- Route distance: 12.0 km (7.5 miles)
- Approximate time: 3 hours 30 mins
- Approx. total ascent: 165 metres
- Start point Grid Ref: SK 177 721
- GPS Ref: SK 17700 72157
- Recommended O.S. Map: Explorer OL24
- Toughness Rating: Peaks 2

Please see the notes on Toughness Ratings at the end of this report

Up For A
CHALLENGE ?

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An Individual Walk
A Team Effort

Full Info from the Great Walks web site

THE ROUTE

We start from the Upperdale riverside car park betwixt Monsal Head and Cressbrook, **S**. This walk takes the opposite side of Monsal Dale from our Monsal walk. From the car park head along the road with the river on your right. Turn right and cross over the first bridge. Turn left up a road to pass under an old railway bridge and then turn left up a path to the old railway line.

Now turn left again and follow the well defined Monsal Trail path, with the river below to your right. The path leads to the old entrance to a railway tunnel now defunct. Prior to reaching the tunnel turn right through a gate to follow a distinctive path overlooking Cressbrook Mill (ignore the path which forks left). On reaching a Monsal Trail sign head down some steps and across a bridge at **A**.

The path now veers to the left with the river Wye on your immediate left. Follow the river until you meet a gate. Continue ahead and turn right after just 35 metres. Then turn left with the buildings on your left and continue to eventually meet the main street. Carry on down the main street with some cottages on your right. Fork right, leaving the road at a distinctive path signposted for Tideswell Dale, **B**.

Follow this path until you reach a bridge signposted 'Welcome to Tideswell Dale'. Go over the bridge keeping a lookout for wooden sculptures and follow the dale to eventually reach a car park with some toilets. At the top of car park follow the path on the right hand side passing a tree with an interesting carving.

The footpath is signposted 'Tideswell Village'. At the road junction **C** follow the road into the village of Tideswell.

Follow the main road through the village to meet the 'Cathedral of the Peak' at **D**. Passing the 'Cathedral' turn right up Cliffe Lane opposite 'The George Hotel'. At the top of the hill fork right along a country lane. After 700 metres turn right opposite a junction, **E**.

Follow this grassy path to meet a main road. Turn right and then very soon after turn left at a footpath sign. Follow the path uphill to the top corner of the field.

Go over a stile across a minor road at **F** and over another stile. Follow the distinctive footpath. At the end of the path go over a stile into a field with a stone wall on the left. Keep going in the same direction over a series of stiles.

On reaching the road continue along the road in the same direction. After 100 metres, where you reach a sharp left hand bend in the road, carry straight on. Turn right at footpath sign at **G** and walk down the centre of the field toward a stile. Fork left crossing two fields to meet a farm road. Continue across four fields to meet a gate in the wall. Pass through the gate and follow a path along the top of the woods with a wall on your right.

Continue to reach some steps which bear left down the hill. Fork right at the bottom of some stone steps and then fork right again after 30 metres to follow a broad path through the wood. When path meets the road continue on downward to the bottom of the hill. Continue along the road past Cressbrook Mill on your right to return to the start, **S**.



Monsal Head Viaduct



**The 'Cathedral of the Peaks'
Tideswell Church**



**A Wooden Sculpture
Tideswell Dale**

Refreshment

<p>The Monsal Head Hotel Hotel and Public House Monsal Head Tel: 01629 640250 The Hotel also has a real ale pub.</p>	<p>The Anchor Inn Public House A623 Near Tideswell. Tel: 01298 871371 Country pub with food</p>
<p>The George Hotel Inn Tideswell Tel: 01298 871382 Home cooked food. Beer garden at the rear.</p>	<p>Vanilla Kitchen Café Tideswell Tel: 01298 871519 Coffee Shop</p>

LOCAL INFO

The parish church of Saint John the Baptist in Tideswell, known as **'The Cathedral of the Peak'** dates back to the 14th century. This large and magnificent church is a land-mark for miles around and it is situated on the main street at the north end of the village. A great arch links the nave to the tower and has been described as 'one gallery of light and beauty'. There are many historical facts to discover and is well worth a visit.

Cressbrook Mill was built in 1815, established as a cotton mill by Richard Arkwright. Originally it provided work for several adults, but mainly for poor children who were bought up from London and lived in cottages in the village known as 'pancake row'. The mill closed in 1965 with the loss of about 300 jobs and has now been converted into high quality flats.

THE RIVER WYE AND TIDESWELL G.P.S. WAYPOINTS

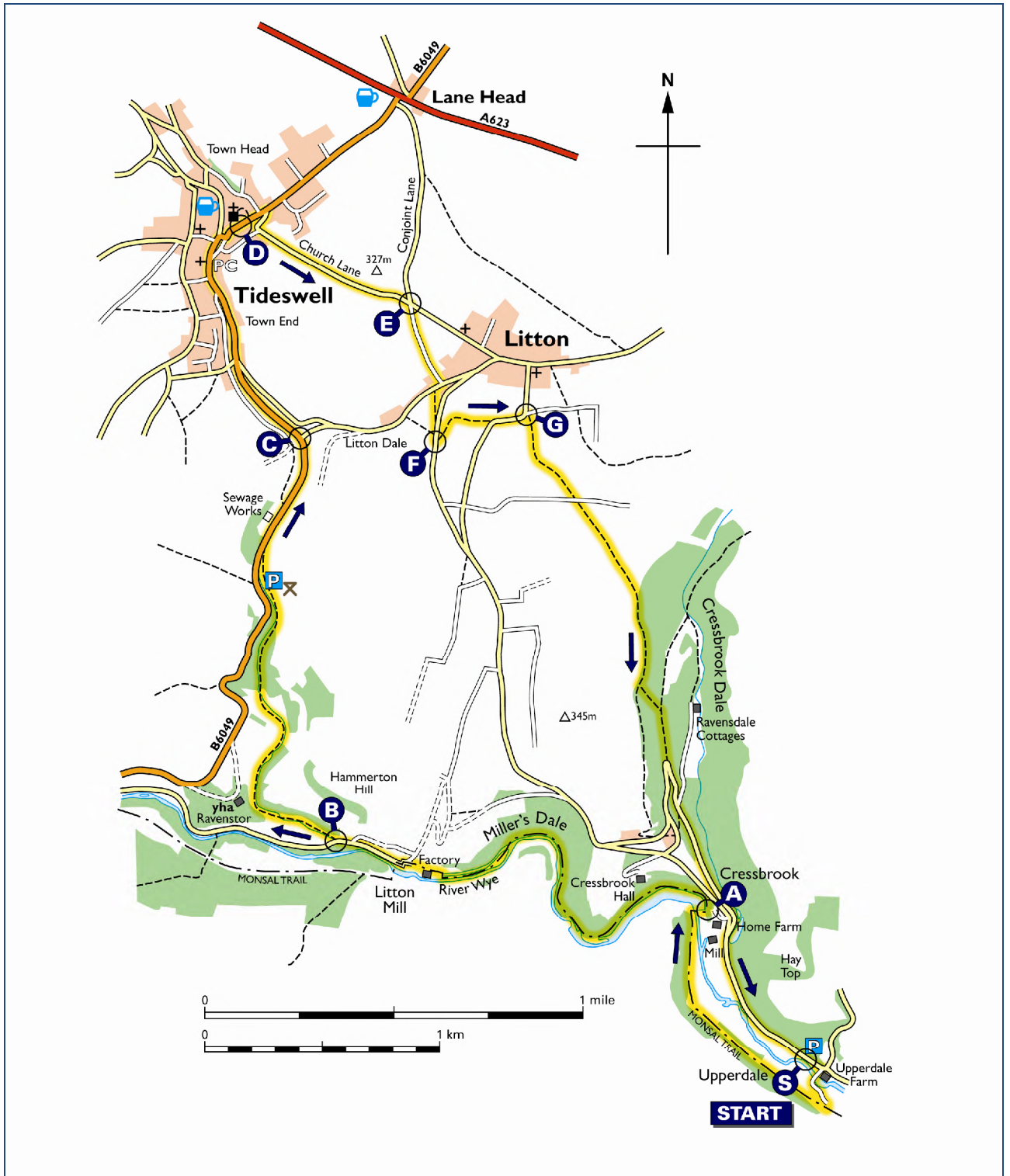
WAYPOINT NAME	MAP REF	CO-ORDINATES	ELEVATION: Metres
WYE S	S	SK 17700 72157	183
WYE A	A	SK 17213 72807	179
WYE B	B	SK 15683 73111	201
WYE C	C	SK 15535 74821	261
WYE D	D	SK 15237 75733	289
WYE E	E	SK 15994 75395	320
WYE F	F	SK 16107 74833	314
WYE G	G	SK 16501 74935	304


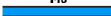





























**The Anchor Inn
Near Tideswell**



Cressbrook Waterfall



MAP LEGEND					
	Great Walks route				
	Motorway		Church with tower		Spot height - metres
	Main road		Church with spire		Information centre
	Secondary road		Other place of worship		Parking
	Minor road		Cathedral / Abbey		Public convenience
	Other road		Building		Public house
	Track		Built up area		Picnic site
	Footpath		Woodland		Camp site
	Bridleway		Sand		Major tourist feature
	National trail		Water feature		Other tourist feature
	Railway				

Safety First

Safety should always be your first priority in planning and undertaking a walk, whether on your own or leading a group. Please read these Safety First and Walking Our Routes notes.

Lead a group of other walkers only if you have leadership and navigational experience adequate for the 'worst case' conditions which may be encountered on the particular walk, bearing in mind the terrain, possible weather and navigational demands.

Weigh up the capabilities of your party, in terms of fitness and walking speed. Adjust your time expectations accordingly.

Ensure all your party are adequately clothed for the weather and conditions. Footwear is particularly important. Clothing must protect against cold, wet or strong sun according to the time of year.

Emergencies are quite rare, but it is essential to think ahead about what to do if someone in your party sustains an injury. Will you have a First Aid kit? Is there a qualified First Aider in the party? How could help be summoned in a serious eventuality?

Refreshment, particularly water, can be vital. Dehydration in hot summer conditions can be rapid, and frequent intake of fluids is essential.

On tougher walks it is a good idea to tell someone where you are planning to go – and when you expect to be back. Remember - mobile phones often lose reception in mountainous or isolated areas.

All our walks use legitimate routes: Public Rights of Way, Public Footpaths, Bridleways, Permissive Paths, Access Land, Byways and Roads.

Road walking calls for particular care. When there is no defined footpath or verge wide enough for safe walking it is usually best to walk on the right – facing oncoming traffic. An exception may be a tight bend, where walkers would be more visible on the left.

Occasionally you may find a public footpath blocked or unuseable. It is perfectly in order to take the shortest available diversion without damaging crops, perhaps around a field margin.

It is courteous to close gates after passing through, sometimes even if the gate was open when you arrived – particularly if it is obvious livestock may escape.

Mutual respect for farm animals is to be encouraged! Don't frighten or annoy them, but equally don't put your party members in danger or discomfort. You certainly wouldn't be the first walkers to go round the outside of a field of frisky bullocks.

Dogs should always be kept on a lead anywhere near farm animals, and under close supervision elsewhere in the countryside.

Walking Our Routes

Our walks are designed to be negotiated using the route directions in conjunction with the map section provided. We suggest walkers also take the Ordnance Survey Explorer or Outdoor Leisure map recommended for each walk.

On mountain, moorland and open heathland walks it is **ESSENTIAL** to have navigational expertise and tools, including the recommended Ordnance Survey map(s).

Take care to observe any cautions in the route description; exposed paths, areas liable to flooding etc.

Consider conditions before setting off. Will heavy rain have made a water meadow impassable? Will frost or snow make a path slippery?

When navigating the route look for clues to confirm you are in the right place. Are map features where you would expect on the ground? Are features mentioned in the text where expected? If you suspect you may have taken a wrong turn, take action sooner rather than later. It is better to re-trace to a known point rather than carry on regardless with the possibility of becoming increasingly confused.

All our routes are carefully checked before publication, but features can change on the ground – sometimes surprisingly quickly. Footpaths may be re-routed, buildings can appear or change significantly and these days pub names seem to change frequently.

The approximate time given for each walk is based on an average walking speed of 2.5 miles per hour (4 km/hour), plus an allowance for ascent, descent and any difficult terrain.

Total ascent is the approximate total ascent over the whole walk.

GPS users can enter in the waypoints provided in each of our walk reports. It is important to read our guide **Introducing GPS for Walkers**, available as a PDF file from the Great Walks in Britain web site.

Remember that GPS is a great navigational tool, but only one of those available to the navigator. Never dispense with conventional map and compass – and the training and skills to use them, especially on mountain, moorland or open heathland walks.

TOUGHNESS RATINGS

Most of our **Peak District** routes can be undertaken by reasonably fit walkers able to utilise the map segments and our recommended Ordnance Survey maps, together with the route guidance notes.

The toughest walks should be undertaken or led only by experienced mountain walkers with navigational expertise. Always consider recent and forecast weather.

Each walk has been allocated a **Toughness Rating**:

1. Easier walks with modest ascent and generally on well defined paths. There may be stiles or narrow gateways to negotiate.
2. Routes which are more demanding. They may include more ascent and possibly paths which are looser or more difficult underfoot.
3. More strenuous walks. There may be prolonged steep ascents, and perhaps several ascents over the whole walk. Conditions may be challenging underfoot.
4. The toughest walks, requiring considerable fitness and navigational experience. There may be prolonged steep ascents. The ability to navigate by compass may be essential.

Toughness Ratings are allocated in the context of the terrain in the edition area. For example a walk rated as demanding in Cambridgeshire may be equivalent to an easier or moderate route in the Peak District.